Daily Cleaning Checklist

Tick a box each day it is done

Week of _____ **Goal** _____

Every day	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Make the beds	☐	☐	☐	☐	☐	☐	☐
Wash the dishes	☐	☐	☐	☐	☐	☐	☐
Wipe the kitchen counters	☐	☐	☐	☐	☐	☐	☐
Clean the kitchen sink	☐	☐	☐	☐	☐	☐	☐
Quick tidy, 10 minutes	☐	☐	☐	☐	☐	☐	☐
Sweep the kitchen floor	☐	☐	☐	☐	☐	☐	☐
Wipe the bathroom sink	☐	☐	☐	☐	☐	☐	☐
Take out trash and recycling	☐	☐	☐	☐	☐	☐	☐
One load of laundry	☐	☐	☐	☐	☐	☐	☐
Put things back where they go	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐

Notes

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